

1 ISO provinces I have been in this country Put 1 for count	OF 32 3% Order within a country	JEFF SHEA'S TRAVELS Date First Visited	In AFGHANISTAN Provinces within this TCC country	COUNTRY COLOR LEGEND		-2 PROVINCE NAME COLOR LEGEND								
				100% SURE	95% OR MORE	75% sure	Still not sure, or need to research info	ISO	Province	Code	Confirmed visited	Research	Did not yet go	Have Not Located or Researched Yet
				1	Afghanistan	AF-BAL*	Balkh							
				2	Afghanistan	AF-BAM*	Bāmīān							
				3	Afghanistan	AF-BDG*	Bādghīs							
				4	Afghanistan	AF-BDS*	Badakhshān							
				5	Afghanistan	AF-BGL*	Baghlān							
				6	Afghanistan	AF-FRA*	Farāh							
				7	Afghanistan	AF-FYB*	Fāryāb							
				8	Afghanistan	AF-GHA*	Ghaznī							
				9	Afghanistan	AF-GHO*	Ghowr							
				10	Afghanistan	AF-HEL*	Helmand							
				11	Afghanistan	AF-HER*	Herāt							
				12	Afghanistan	AF-JOW*	Jowzjān							
1	1	2002		13	Afghanistan	AF-KAB*	Kābul [Kābol]							
				14	Afghanistan	AF-KAN*	Kandahār							
				15	Afghanistan	AF-KAP*	Kāpīsā							
				16	Afghanistan	AF-KDZ*	Kondoz [Kunduz]							
				17	Afghanistan	AF-KHO*	Khowst							
				18	Afghanistan	AF-KNR*	Konar [Kunar]							
				19	Afghanistan	AF-LAG*	Laghmān							
				20	Afghanistan	AF-LOW*	Lowgar							
				21	Afghanistan	AF-NAN*	Nangrahār [Nangarhār]							
				22	Afghanistan	AF-NIM*	Nīmruz							
				23	Afghanistan	AF-NUR*	Nūrestān							
				24	Afghanistan	AF-ORU*	Orūzgān [Urūzgān]							
				25	Afghanistan	AF-PAR*	Parwān							
				26	Afghanistan	AF-PIA*	Paktiā							
				27	Afghanistan	AF-PKA*	Paktikā							
				28	Afghanistan	AF-SAM*	Samangān							
				29	Afghanistan	AF-SAR*	Sar-e Pol							
				30	Afghanistan	AF-TAK*	Takhār							
				31	Afghanistan	AF-WAR*	Wardak [Wardag]							
				32	Afghanistan	AF-ZAB*	Zābol [Zābul]							